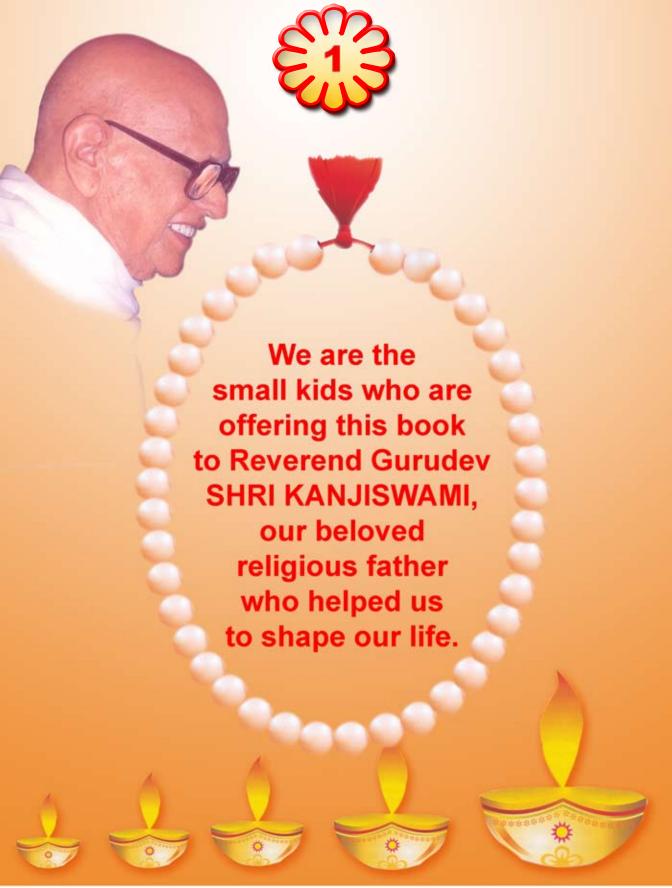
#### **ACKNOWLEDGEMENT**

We sincerely express our gratitude to "Teerthdham Manglayatan" from where we have sourced "Badhte Charan SecondStandard".

"Teerthdham Manglayatan" have taken due care, However, if you find any error, for which we request all the reader to kindly inform us at <a href="mailto:info@vitragvani.com">info@vitragvani.com</a> or to <a href="mailto:Info@Manglayatan.com">Info@Manglayatan.com</a> "Teerthdham Manglayatan"





#### Jinvani Man Ki Stuti

Itni Shakti Hamen Dena Mata, Man Ka Vishvas Kamjor Ho Na, Hum Chalen Moksha Marag Mein Hum Se, Bhulkar Bhi Koi Bhul Ho Na.

Dur Agyan Ke Hon Andhere, Tu Hamein Gyaan Ki Roshani De, Har Burai Se Bachate Rahen Hum, Hum Ko Aisi Tu Mokshpuri De.

Bair Ho Na Kisi Ka Kisi Se, Bhavna Man Mein Badale Ki Ho Na, Hum chale Moksha Marag Mein Hum Se, Bhulkar Bhi Koi Bhul Ho Na.

Hum Na Sochen Hamein Kya Mila Hai, Ye Sochen Kiya Kya Hain Arpan, Phool Samta Ke Banten Sabhi Ko, Ye Jeevan Sabhi Ka Ho Madhuban.

Apni Samta Ka Jal Tu Baha De, Pavan Kar De Harek Man Ka Kona, Itni Shakti Hamen Dena Mata, Man Ka Vishvas Kamjor Ho Na.

#### **Prayer for Jain Scriptures**

Mother of knowledge, please give me the strength so that My confidence does not decrease.

I am on the pathway to liberation, so make sure that I do not make any mistake even by ignorance.

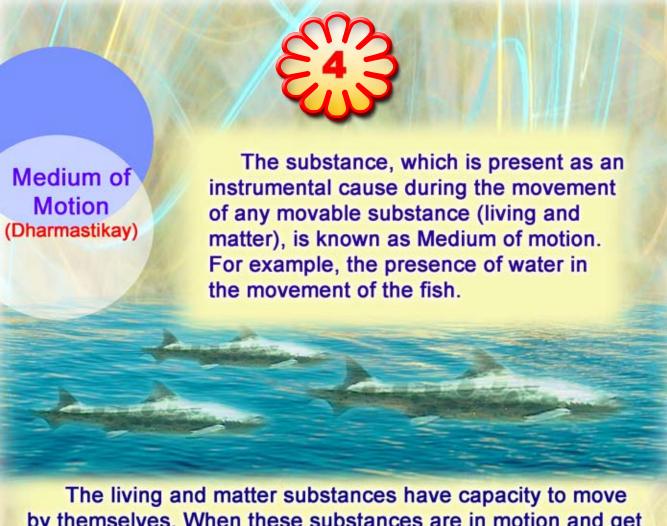
I wish to remove the darkness of ignorance from within me and To light up my life with right knowledge Please make sure that I remain away from all the inauspicious things, Please do not remove myself from the pathway to liberation.

I do not want to keep any ill feelings to any one and I do not want to keep any revengeful nature within me. I am on the pathway to liberation, so make sure that I do not make any mistake even by ignorance.

I do not want to think about what did I not get in the life, I would like to think whether I did any sacrifice or not. I would like to distribute the flowers of equanimity to all so that Every one's life becomes a garden.

I wish to have you flow the water of equanimity and That way make every body's mind pure I am on the pathway to liberation, so make sure that I do not make any mistake even by ignorance.





The living and matter substances have capacity to move by themselves. When these substances are in motion and get ready to stop then the substance, which becomes the instrumental cause in this process is known as Medium of rest. For example, the tree providing shadow to the person who wants to rest.



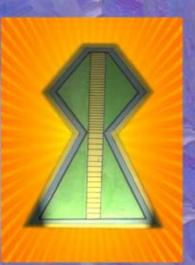
Medium of Rest

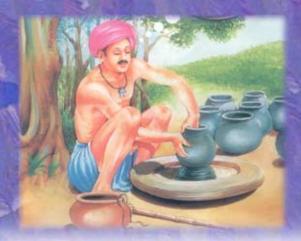
(Adharmastikay)



Space (Aakash)

The substance, which gives accommodation to all the universal substances, is known as Space substance.







Every universal substance has modes of their own all the time. They keep on changing every moment. At this time of this reaction there is a presence of a substance acting as inactive instrumental cause. This substance is known as Time. For example, the presence of the central nail in the potmaker's round wheel.

Time (Kal)



Rigorous preparations of 'Panch Kalyanak Mahotsava' are going on in the religious city, Aligarh (India). A lot of enthusiasm is seen not only in old people but also in youths as well as children. A small child 'Anubhav' is having a discussion with his mother related to Panch Kalyanak.

#### **PANCH KALYANAK**

Anubhav: Mother! What is Panch Kalyanak?

Mother: Son! You had learnt the names of 24 Teerthankars. The five incidents in the life of those teerthankaras which give us the

message of self welfare is known as 'Panch Kalyanak'.

Anubhav: Which are those five incidents?

Mother: Garbha, Janma, Tapa, Gyan, Moksha are five incidents.

Anubhav: The incident related to Tap, Gyan and Moksh are quiet clean, but Garbha and Janma were told to be stigma then

how can they be called Kalyanak?

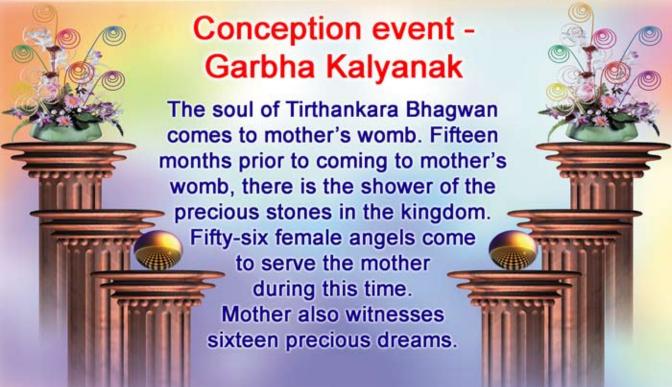
Mother: Good, well said son! Today you've proved the meaning of your name 'Anubhav'. It is true that Garbha and Janma are stigmas, but it is also true that if birth and death does not take place again after Garbha and Janma then that Garbha and Janma are also Kalyanak. Since there is no rebirth and death of God hence the incidents of their Garbh and Janma are Kalyanak.

Anubhav: Mother! Tell me about Panch Kalyanak in detail.

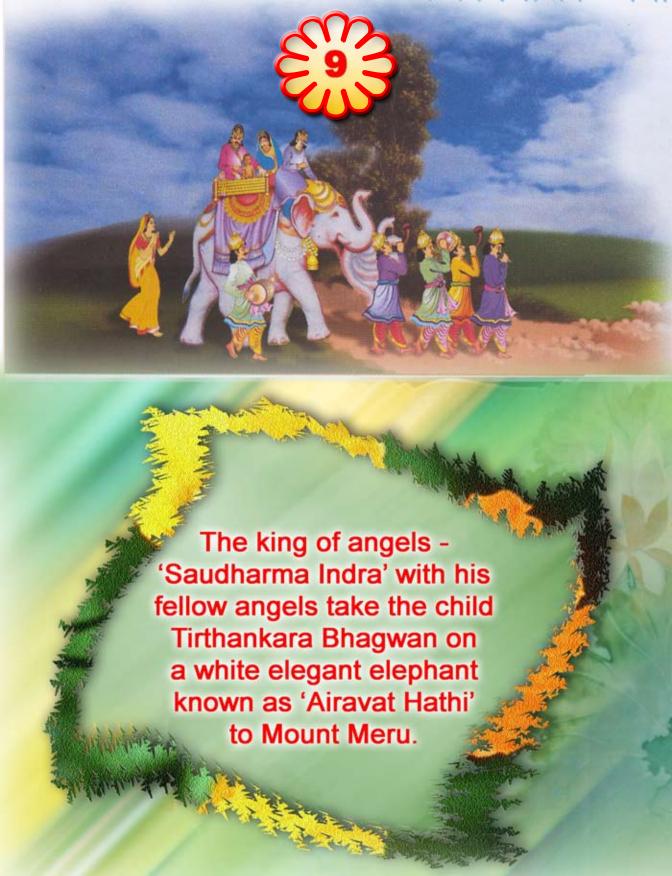
Mother: Listen my son!......

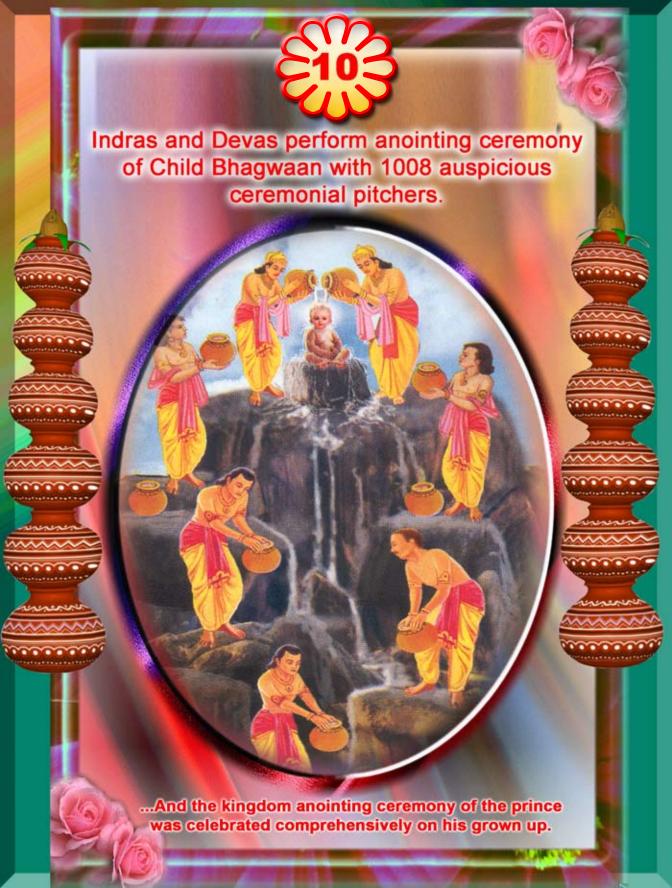


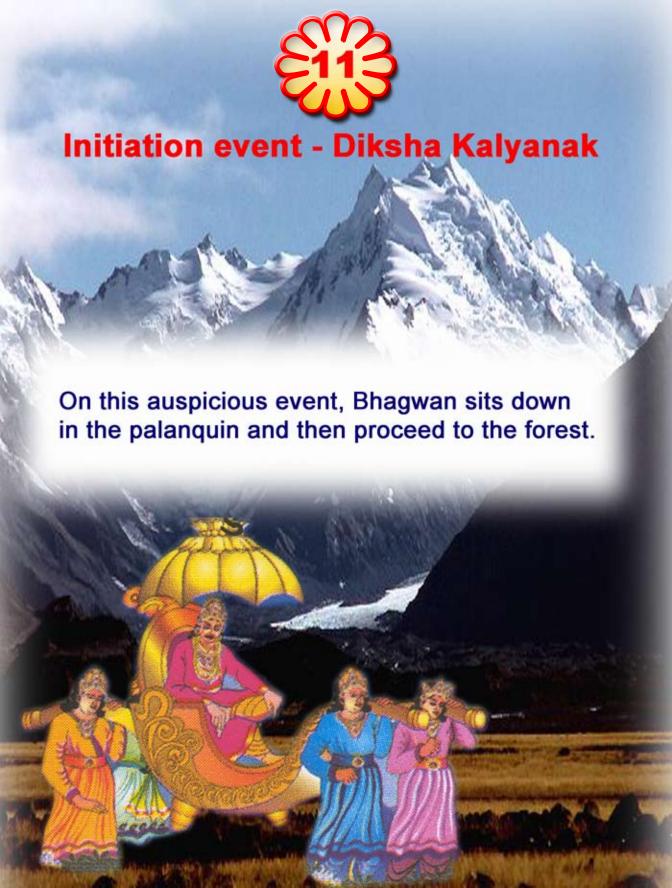


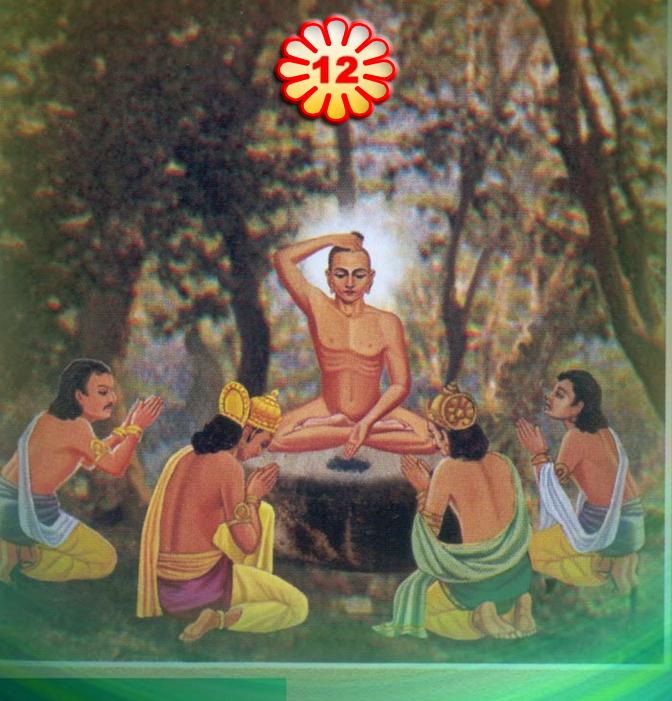






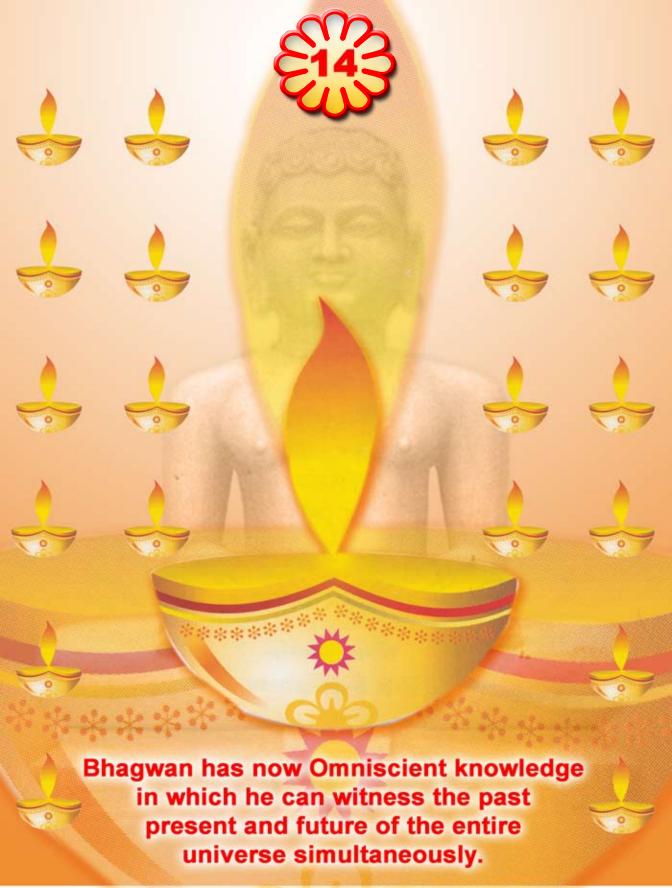






Here he gives up his external as well as internal possessions and then removes the hair from the head and accepts monk hood. Now he starts intense meditation of soul.







## Liberation event - Nirvana Kalyanak

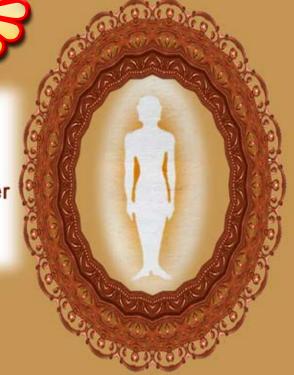


Tirthankara Bhagwan finally gives up all his karma and ends up his mundane existence. Now His soul resides in adobe of Siddha. Heavenly angels come and perform the worship of 'Nirvana Kalyanak'.

Anubhav: Mother, knowing about the five events of Tirthankara Bhagwan. I feel great pleasure. Mother, I will also become Bhagwan.

#### **Mundane souls**

Liberated souls are without any body. They are now devoid of life and death cycle. They enjoy the perfect everlasting bliss. They never come back to the transmigratory cycle.



# Mundane souls and liberated souls

#### liberated souls

Ignorant souls are having mundane existence. They are wandering in the transmigratory cycle of life and death and as a result are suffering continuously. They wander in the realms of infernal, sub-human, human and celestial lives.





#### **Definition of Seven Elements**

Element means nature of object. The nature which the object possesses is known as its element. Elements are divided in seven categories.

## (1) Living Elements - Jeev tatva

Soul is a living being. He has consciousness. He is separate from any other substances of the universe and has his own ever-lasting existence.

Soul is worth-evolving for Meditation.

# (2) Non-living Elements - Ajeev tatva

Non-living Elements have no consciousness. There are five such substances. Out of these four substances like medium of motion, medium of rest, space and time are formless. The fifth one the matter substance is with the form and has touch, taste, smell, colour etc. attributes.

Non living element is worth knowing.



# (3) Influx Element - Aasrav tatva

The auspicious and inauspicious intentions of the soul are its alien status and are known as the influx inclination - 'Bhavasrav'.

At the same time, the inflow of new karma particles get attracted to the soul is known as material influx - 'Dravyasrav'.

Influx is to be renounced.

## (4) Bondage Element - Bandh tatva

Soul's ignorance, attachment, aversion, auspicious and inauspicious thought process are known as the bondage inclination - 'Bhavabandh'. At the same time, the matter particles by themselves turn in to appropriate karma particles and get bonded to the soul are known as material bondage - 'Dravyabandh'.

Bondage is also to be renounced.



# (5) Stoppage Element - Samvar tatva

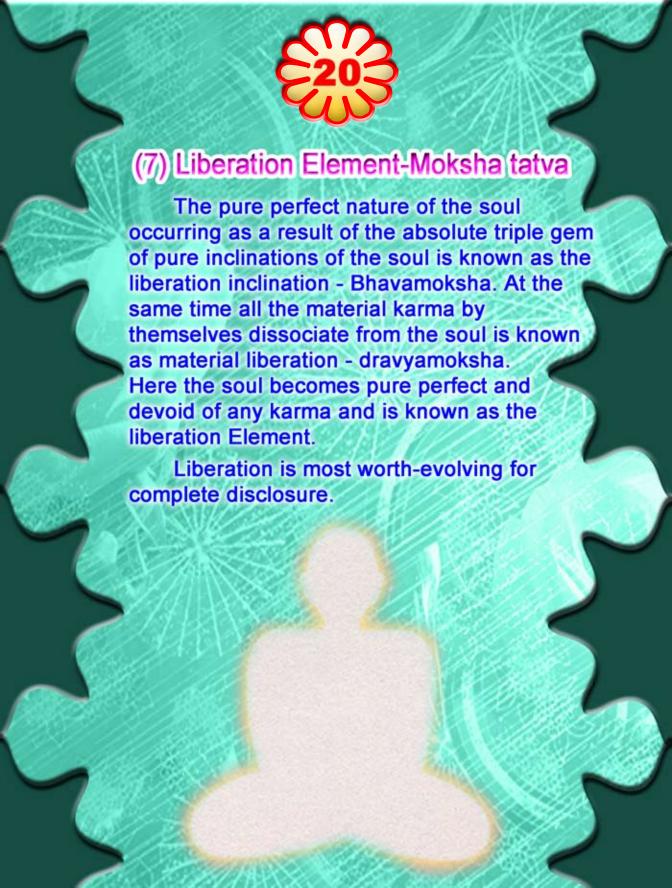
The alien status of the soul like auspicious and inauspicious status to be stopped by the true nature of the soul is known as the stoppage inclination of the soul - 'Bhavasamvar'. At the same time there is the stoppage of actual karma coming to the soul is known as the material stoppage - 'Dravyasamvar'.

Stoppage of Influx is disclosable.

# (6) Shedding Element - Nirjara tatva

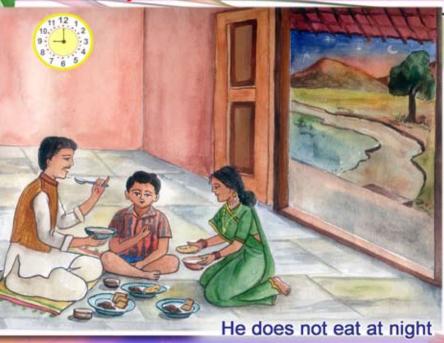
Meditating on the true unique nature of the pure soul gives the strength for one to stay engrossed in the soul. During this event, there is the partial shedding of the impurity of the soul in the form of shedding of auspicious and inauspicious thought process. This is known as shedding inclination - 'Bhavanirjara'. At the same time, there is partial dissociation of certain karma from the soul is known as the material shedding - 'Dravyanirjaara'.

Shedding of karma is disclosable.



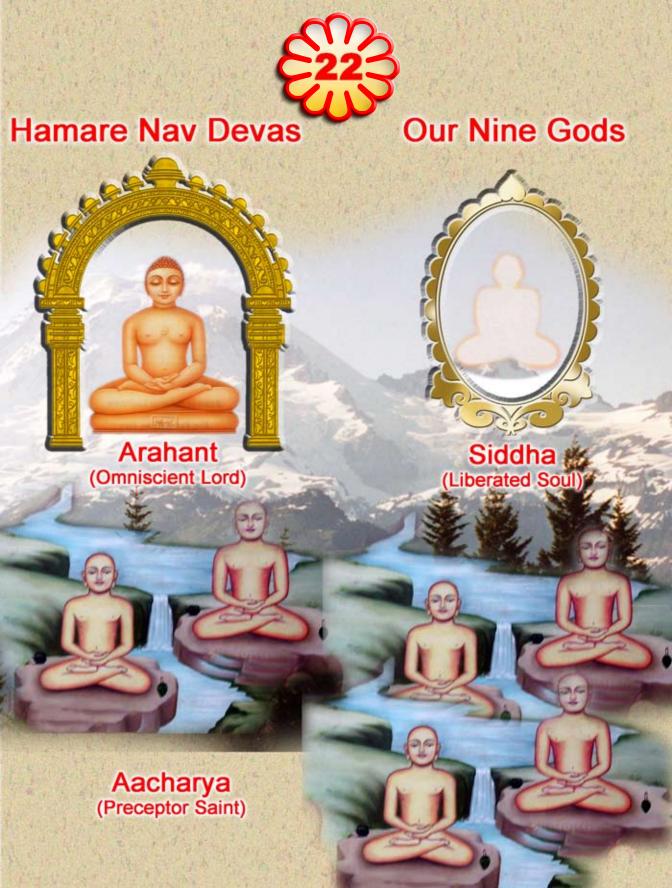


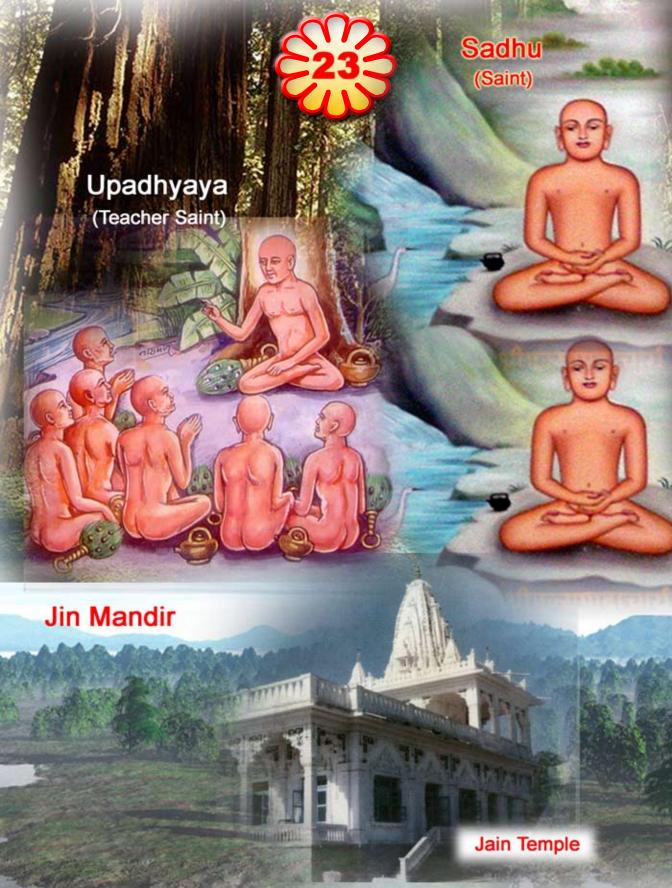
Pahchan

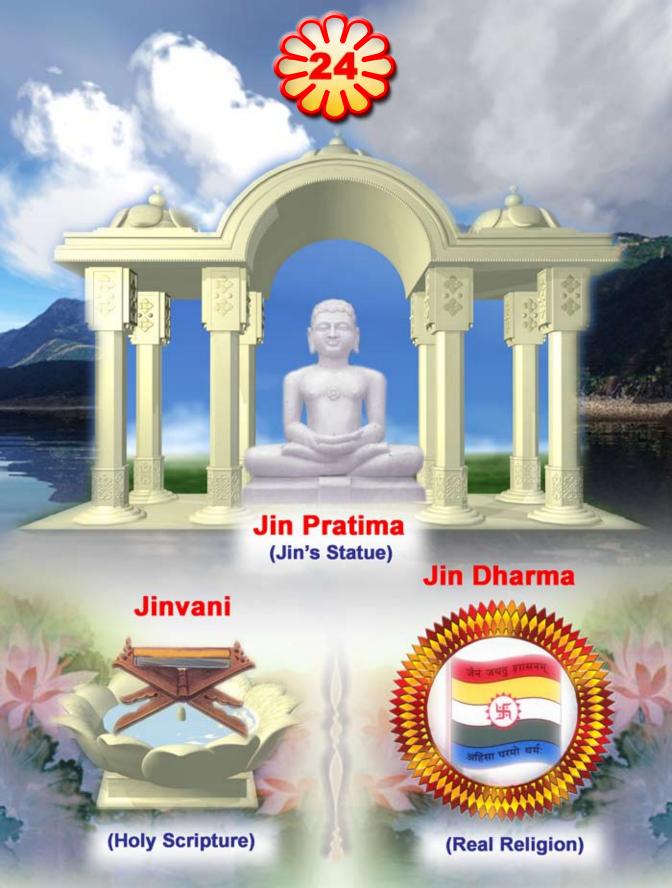


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Arahant Hamare Dev Hain, Ve Sachche Veetraga Hain, Sare Jag Ke Gyata Hain, Mukti Marg Dikhate Hain. Arahant....

Jahan Samyag Darshan-Gyan Hai, Charitra Veetraga Hai, Aisa Mukti Marg Hai, Jo Mere Prabhu Dikhate Hain. Arahant....

Arahant To Suddhatma Hain, Main Bhi Unahi Jaisa Hun. Atma Ko Jankar, Mujhe Arahant Hona Hai. Arahant....

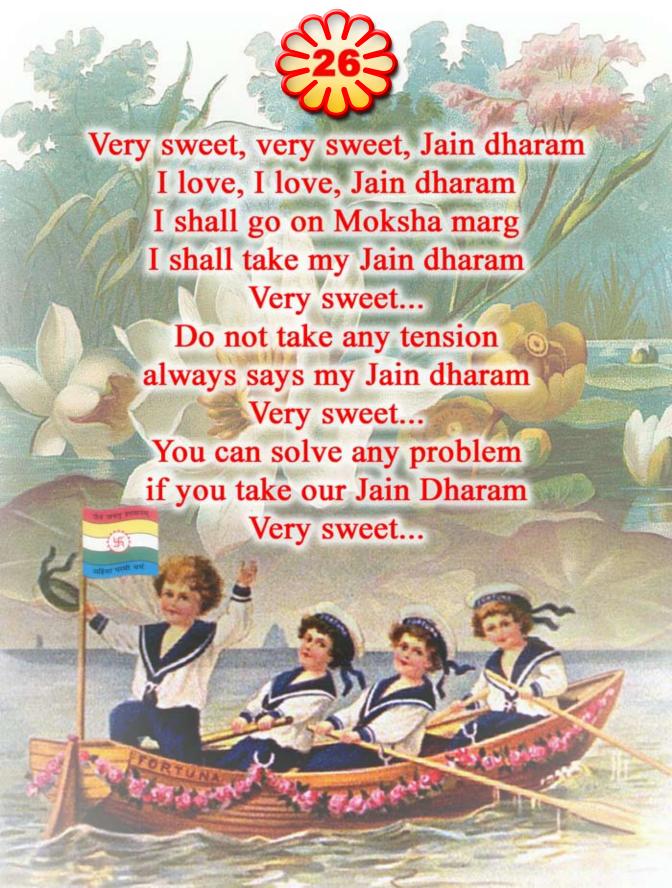


## **Prayer**

Lord Arahant is my Lord and He is in true passionless state. He knows the whole universe and shows the path to liberation to all of us.

There is right faith, knowledge and conduct with passionless state,
This is the pathway to liberation, which is shown by my Omniscient Lord.

Lord Arahant is the pure perfect soul and I would like to become like Him,
Once I understand the soul of the
Lord Arahant, then I will become like Him.





Jai Jinendra Hi Hamara, Ek Matra Mantra Ho.
Jai Jinendra Bolane Ko, Har Manuj Swatantra Ho.
Jai Jinendra Bolkar, Hrudaya Ke Dwar Kholiye.
Jai Jinendra...

He Jinendra! Gyan Do, Moksha Ka Vardan Do. Kar Rahe Hain Prarthana Hum, Prarthana Par Dhyan Do. Jag Jag Chetan, Bahut Kal So liye.

Jai Jinendra...

Jai iinendra.

Rag Chhod Dharm Jod, Yeh Jinendra Desana. Asta Karm Ko Marod, Yeh Jinendra Deshana. Jai Jinendra Bolkar, Khud Jinendra Ho Liye. Jai Jinendra...

#### Speak 'Jai Jinendra'

Speak Jai Jinendra, Jai Jinendra, Jai Jinendra.

Break your silence with the sound of Jai Jinendra.

Jai Jinendra...

May Jai Jinendra be the only Mantra,
May everyone is independent to speaking 'Jai Jinendra',
Open the gates of your heart by speaking 'Jai Jinendra'.
Jai Jinendra...

O Jinendra! Give knowledge, Give boon of Salvation,
We are doing prayer, listen to the prayer,
Wake wake wake conscience, slept for a longer time.
Jai Jinendra...

Leave delusion add religion, this is Jinendra Preaching.

Destroy the eight karmas, this is Jinendra Preaching.

By speaking Jai Jinendra, One has become Jinendra.

Jai Jinendra...

#### **Mera Dham**

Suddhatam Hai Mera Naam, Matra Janana Mera Kaam. Muktipuri Hai Mera Dham, Milta Jahan Purn Vishram.

Jahan Bhookh Ka Naam Nahi Hai, Jahan Pyash Ka Kaam Nahi Hai. Khanshi Aur Jukham Nahi Hain, Adhi Vyadhi Ka Naam Nahi Hai. Sat-Shiv-Sundar Mera Dham, Suddhatam Hai Mera Naam.

Swa-Par Bhed Vigyan Karenge, Nij-Aatam Ka Dhyan Dharenge. Rag-Dvesh Ka Tyag Karenge. Chidanand Raspan Karenge. Sab Sukhdata Mera Dham, Suddhatam Hai Mera Naam.



## My Abode

Pure soul is my name.
Only knowing is my work.
Muktipuri is my abode,
Where receive complete rest.

There is no sign of hunger,
There is no sign of thirst.
There is no cold and cough,
There is no sign of disease.
True, Perpetual & Beautiful is my abode,
Pure soul is my name.

I will differentiate between
self and others.
I will meditate on my soul.
I will leave attachment & aversion
I will enjoy spiritualism.
Whole bliss giving is my abode,
Pure Soul is my name.